# A PHASE 1A FIRST-IN-HUMAN CLINICAL TRIAL OF HER-096, A SUBCUTANEOUSLY ADMINISTERED CDNF-DERIVED PEPTIDOMIMETIC

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### **SUMMARY**

HER-096 is a peptidomimetic compound developed from the active site of human neurotrophic factor CDNF. In preclinical studies, HER-096 has shown brain penetration and protection of nigrostriatal dopamine neurons. In this first-in-human study, we aimed to assess (1) the safety and tolerability of subcutaneously administered HER-096 in healthy volunteers (HV), and (2) its pharmacokinetic properties, including bloodbrain barrier penetration in humans.

## **METHODS**

A randomised, double-blind, placebo-controlled, safety, tolerability and



	Part 1: Dose escalation cohort								Part 2: Elderly cohort	
	Male							Male	Female	
	10 mg	30 mg	60 mg	120 mg	200 mg	300 mg	Placebo	200 mg	200 mg	
Systemic Adverse Events										
Ear and labyrinth disorders	0	0	0	0	0	0	0	1	0	
Gastrointestinal disorders	1	1	0	1	0	1	1	1	3*	
Injury and post- procedural complications (post lumbar puncture syndrome)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	1	0	
Nervous system disorders (headache, dizziness, postural syncope)	2	4*	1	1	1**	3	3	1	5*	
Skin and subcutaneous tissue disorders other than administration site	0	0	0	0	0	0	0	0	1	
Vascular disorders (hot flush)	0	0	0	0	0	0	0	0	1	
Local Adverse Events (Injection Site Reactions)										
Injection site AE (pain, tenderness, erythema, swelling, pruritus, discomfort, haematoma or bruising)	3	6	4	7	13	17	3	12	20	

pharmacokinetic study of single ascending subcutaneous doses of HER-096 was conducted at a single site in Finland.

**Part 1:** 48 young (20-45 years) male HV subjects were randomised to receives one subcutaneous (s.c.) dose of HER-096 (10, 30, 60, 120, 200 or 300 mg) or placebo at a 6:2 ratio in six dosing cohorts.

**Part 2:** 6 older (50-64 years) and 6 elderly (65-75 years) male and female HV subjects were administered a single 200 mg dose of HER-096 (jointly referred to as 'elderly').

The primary endpoint was safety, assessed by incidence, type and severity of treatment-emergent adverse events (TEAE), including injection site-related events, as well as standard clinical and laboratory assessments.

**Secondary endpoints** were pharmacokinetic properties of HER-096 (up to 24 h) in plasma and urine in the young HVs, and in plasma, urine and cerebrospinal fluid (CSF) in the elderly subjects.





**Figure 2.** Plasma concentration of HER-096 after a single s.c. dose administration in young males (**A**) elderly males and females (**B**). Weight-dose adjusted HER-096 in plasma (**C**). Elderly subjects received a single 200 mg dose. n=6 per group except for young 200mg group; n=5.

#### Pharmacokinetic Data Demonstrated Efficient Blood-Brain Barrier Penetration in Elderly Subjects

CSF exposure of HER-096 was tested by lumbar puncture in the elderly cohort at a single timepoint per subject (2, 4, 6, 8 or 12 hours) after dosing. The concentration of HER-096 in CSF varied between 15 ng/ml at 2 hours and 96.9 ng/ml at 12 hours (Figure 3), and it was not possible to determine the  $C_{max}$  and  $AUC_{0-inf}$  due to the limited number of observations.



**Table 3. Frequency and severity of related TEAEs.** TEAEs possibly, probably or definitely related to study treatment were classified as related TEAEs. Data is presented as the number of adverse events. All events were considered <u>mild</u> except for those marked with \* =<u>mild-to-moderate</u>, \*\* =<u>moderate</u>. n=6 except for placebo n=12

Most adverse event were related to local tolerability at injection site and were associated with higher doses and injection volume. Elderly females had a higher number of haematoma than males at the site of s.c. injection. Mild pain and tenderness at the injection site subsided within 6 hours after

Single dose, 120 mg 2 placebo + 6 HER-096 Single dose, 60 mg 2 placebo + 6 HER-096			
Single dose, 30 mg		Part 1	Part 2
2 placebo + 6 HER-096	Age (y)	32.4 <u>+</u> 7.5	63.2 <u>+</u> 6
Single dose, 10 mg	Sex (males, %)	100%	50%
placebo + 6 HER-096	BMI (kg/m <sup>2</sup> )	24.7 ± 2.6	26.2 ± 2

**Figure 1.** Summary of Phase 1a study design and demographic data. BMI = body mass index.

## RESULTS

#### Plasma Pharmakokinetic Data Showed Expected Absorbtion and Elimination Profile

After a single s.c. administration, the peak plasma concentration was reached at 0.7 - 2.1 hours. In all dose groups in young subjects (Part 1), the plasma level declined similarly with a terminal half-life of 1.8 - 2.2 hours, while in elderly subjects dosed with 200 mg the mean half-life was about 2.5 hours (Table 1). Exposure to HER-096 demonstrated dose-linearity in plasma in young male subjects after single s.c. administration of the compound in the dose range 10-300 mg (Figure 2A). In the elderly cohort (Part 2), the perceived higher plasma  $C_{max}$  and exposure (AUC) can largely be explained by adjusting for weight (Figure 2B and C).

		Part 1:	Part 2: Elderly cohort					
			Male	Female				
	10 mg	30 mg	60 mg	120 mg	200 mg	300 mg	200 mg	200 mg
<b>C</b> <sub>max</sub> (ng/ml)	363	906	2235	3468	5406	9663	5573	7333
<b>T<sub>max</sub></b> (h)	2.01	1.34	0.71	1.14	1.06	0.81	0.84	0.91
<b>T<sub>1/2</sub> (</b> h)	1.78	1.91	1.90	1.91	1.97	2.18	2.66	2.39
AUC <sub>last</sub> (h*ng/ml)	1655	4302	8453	15446	24530	42510	31354	42202
AUC <sub>inf</sub> (h*ng/ml)	1687	4231	8462	15464	24552	42584	31455	42279
Lambda Z (1/h)	0.394	0.372	0.367	0.364	0.355	0.334	0.268	0.292

**Figure 3.** CSF concentration of HER-096 after a single s.c. dose (200 mg) administered to elderly males and females.

#### **HER-096 Demonstrated Renal Clearance**

Analysis of HER-096 recovery in urine showed that HER-096 was almost completely eliminated unchanged by renal excretion within 24 hours after a single s.c. dose to young males and elderly males and females (drug excreted in urine 84-113%). The renal clearance in males was 6139 – 8079 ml/h independently of the dose level. The renal clearance in elderly females was 4401 ml/h.

#### HER-096 Demonstrated a Good Safety and Tolerability Profile After Single s.c. Dose Administration

	Part 1: Dose escalation cohort								Part 2: Elderly cohort	
	Male								Female	
	10 mg	30 mg	60 mg	120 mg	200 mg	300 mg	Placebo	200 mg	200 mg	
AEs	8 / 4	11/6	10 / 4	14 / 5	17 / 6	25 / 6	11 / 7	19 / 6	35 / 6	
TEAEs	6 / 4	11/6	8/3	13 / 5	17 / 6	25 / 6	9/5	17 / 6	33 / 6	
Related TEAEs	6 / 4	11/6	5/3	9/5	14 / 6	21/6	7 / 5	16 / 6	30 / 6	
Severe TEAEs	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0 / 0	
Serious AEs	0 / 0	0/0	0/0	0/0	0/0	0/0	0/0	0/0	0 / 0	
Other significant AEs	0 / 0	0 / 0	0/0	0/0	1 / 1	0/0	0 / 0	0/0	0 / 0	

administration. Mild erythema was observed for up to 3 days in some subjects (Table 4).

		Part 2: Elderly cohort							
			Male	Female					
	10 mg	30 mg	60 mg	120 mg	200 mg	300 mg	Placebo	200 mg	200 mg
Pain or tenderness	1	1	2	4	6	11	1	6	8
Swelling	0	0	0	0	1	0	0	0	0
Erythema	2	3	2	3	4	3	2	5	7
Haematoma	0	0	0	0	2	2	0	1	5
Pruritus	0	0	0	0	0	1	0	0	0
Discomfort	0	2	0	0	0	0	0	0	0

Table 4. Frequency and severity of related TEAEs at injection site.Data presented as: the number of adverse events. All events wereconsidered mild. n=6 except for placebo n=12

## CONCLUSIONS

**The study met the primary endpoint:** single subcutaneous doses of HER-096 (from 10 to 300 mg) were found to be safe and well-tolerated in healthy subjects.

Secondary endpoints demonstrated:

• Single ascending doses of HER-096 in healthy subjects showed an

**Table 1.** Plasma pharmacokinetic parameters of HER-096 after singles.c. administration in young males and elderly males and females.

**Table 2. Summary of adverse events (AE).** Data presented as: the number of adverse events / the number of subjects with at least one adverse event. n=6 except for placebo n=12

No severe treatment emergent adverse events (TEAEs) or serious adverse events (SAE) were recorded during the study. One significant adverse event was recorded where a subject experienced a vasovagal reaction (fainted) during dosing, and dosing was discontinued (Tables 2 and 3).



- expected linear plasma pharmacokinetic profile in both young and elderly healthy subjects
- Blood-brain barrier penetration was assessed in elderly healthy subjects; CSF levels of HER-096 were found to be in a pharmacologically active range (based on preclinical data)

In summary, the safety and pharmacokinetic data support moving forward with development of subcutaneous HER-096.